

Many families have said they were so thankful the staff took the time to explain and suggest having a bereavement doula and the continuity of care has been very helpful in their journey.



*Beautiful car seat for dignified transport from room to morgue*



*Breast care packages*

### Fact Sheet for Perinatal Health Care Providers

We are pleased to introduce a resource for your patients experiencing a miscarriage, IUFD or life-limiting diagnosis. **Pittsburgh Bereavement Doulas** is a non-profit organization that came about in response to a recognition of the need for specialized perinatal loss support for women and their families during pregnancy, birth and postpartum when a loss has occurred or is anticipated. PBD Doulas providing this support have been trained in the *Resolve Through Sharing*<sup>®</sup> model, which is considered the gold standard in bereavement training for perinatal death. Our services are provided free of charge, without judgment and without religious affiliation. We honor all spiritualities.

We are here to:

- Provide doula support on an emergency basis when a miscarriage has occurred or is in process (at home or in hospital), or when a baby is expected to be stillborn or pass shortly after delivery.
- Help women with fatal diagnoses prepare for d&e, or birth and compassionate care of their newborn.

*For more information, please contact*

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*Founder and Executive Director*

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